

Vegetarian Lunch Buffet Menu 素菜自助午餐菜單

Soup 湯: Braised Sliced Chicken Sweet Corn Soup 金粟素雞絲羹

Salad: U.S. Lettuce Salad 美國生菜沙律

沙律 Tomatoes with Black Olives 蕃茄黑水欖沙律

Asparagus Salad 白露筍沙律

Potato Salad 薯仔沙律

Kernel Corn with Pineapple Salad 菠蘿粟米粒沙律

Red Kidney Bean Salad 墨西哥紅腰豆沙律

Cold Platters: Assorted Gluten Platter 錦鏽拼盆

素食冷盤 Marinated Yellow Cucumber with Herbs Sauce 香草醬撈黄瓜

Vegetarian Goose素鵝Vegetarian Chicken素雞

Vegetarian Coconut Plant素辦芋絲扎Japanese Green Tea Noodles日式冷麵

Stuffed Cucumber with Sweet Corns 粟米釀溫室青瓜

Hot Dishes: Braised Tofu with Spicy Pickled Vegetables & Vegetarian Meat

熱盤 Braised Taro & Pumpkin with Fresh Mushrooms 鮮冬菇炆南瓜芋頭

Braised Winter Melon with Fungus & Bean Curd Puffs 雲耳豆卜燴冬瓜

Pan-fried Cabbage with Abalone Mushrooms南乳鮑魚菇炒椰菜Vegetarian Meat Ball with Tomatoes in Curry鮮茄咖喱煮素雙丸

Braised Chinese Cabbage with Vermicelli & Pickled Cabbage 粉絲雪菜浸紹菜

Deep-fried Vegetarian Net Rolls 素菜絲網卷

Steamed Bean Curd Sticks with Ginger and Vegetarian Ham 薑茸腿絲蒸枝竹

上海航空

Penne with Pesto 香草意式長通粉

Fried Rice with Preserved Vegetables & Ginger 梅菜薑粒炒飯

素肉炸菜煮豆腐



Dessert: Chinese Sweet Soup with Pearl Barley, Lotus Seeds, Lilium & Cowpea 中式糖水 (眉豆、薏米、蓮子、百合)

甜品 Agar Aga 大菜糕

Assorted Pudding 什錦布甸

Water Chestnut Pudding 馬蹄糕

Grass Jelly in Syrup 糖水涼粉

Red Bean Pudding 紅豆糕

Seasonal Fresh Fruits Platter 合時鮮果盤

Beverages Coffee 咖啡

飲品 Tea 茶